



**SASH** a caring  
partnership  
SUPPORT AND SERVICES at HOME

*A caring partnership to help seniors  
and individuals with special needs  
stay at home and healthy*

# House Committee on General, Housing and Military Affairs

**Nancy Rockett Eldridge, CEO**

*January 21, 2015*

# Cathedral Square – A Bit of History



60 + developments

Own/manage 28

Recent work:

- Jeri Hill
- Richmond Terrace
- Thayer House
- Wright House
- Kelley's Field
- Milton
- VerMod
- Pipeline

# Housing Finance - Wright House (36)

- \$9.3 M
- \$738,000 in 9% tax credits brings \$6.5 M in equity
- USDA RD Section 515
- VHCB
- Energy Incentives
- VCDP



# Housing Finance - Thayer House (69)



- \$13.8 M
- HUD 202
- FHLB AHP
- Neighborhood Stabilization Program
- Burlington Trust Fund
- VHCB
- HUD EDI
- State Tax Credits

# Smart Building

- Accessibility
- Smart growth
- Energy Efficient
- Intelligent Mechanicals
- Storm-water run off
- Exercise
- Services



# Waiting Lists

630+

## Thayer:

1Market = 132

2Market = 46

1 Sub = 130

LIHTC = 107

## CSSL:

LIHTC = 270

Sub = 189

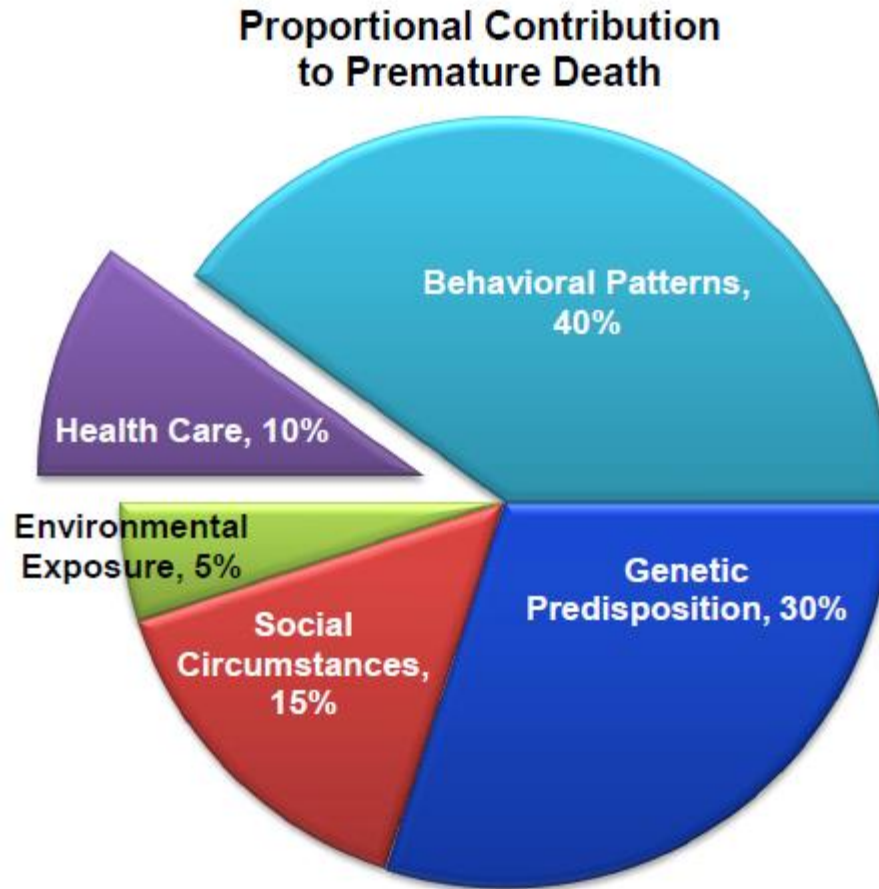


# Defining SASH

SASH is a population based care management model that harnesses the strengths of social service agencies, community health providers and non-profit housing organizations to **work together to support Vermonters** to live safely and healthfully at home.



# Behavior, Social Circumstances and Environment Determine Health



Source: Schroeder, S. We Can Do Better. N Engl J Med 2007;357




# Behavior Drives Health

Behavioral Health:

The connection between our behaviors and the health and well-being of the body, mind and spirit.



# Social Circumstances and Health



U.S. Department of Health and Human Services  
Assistant Secretary for Planning and Evaluation  
Office of Disability, Aging and Long-Term Care Policy

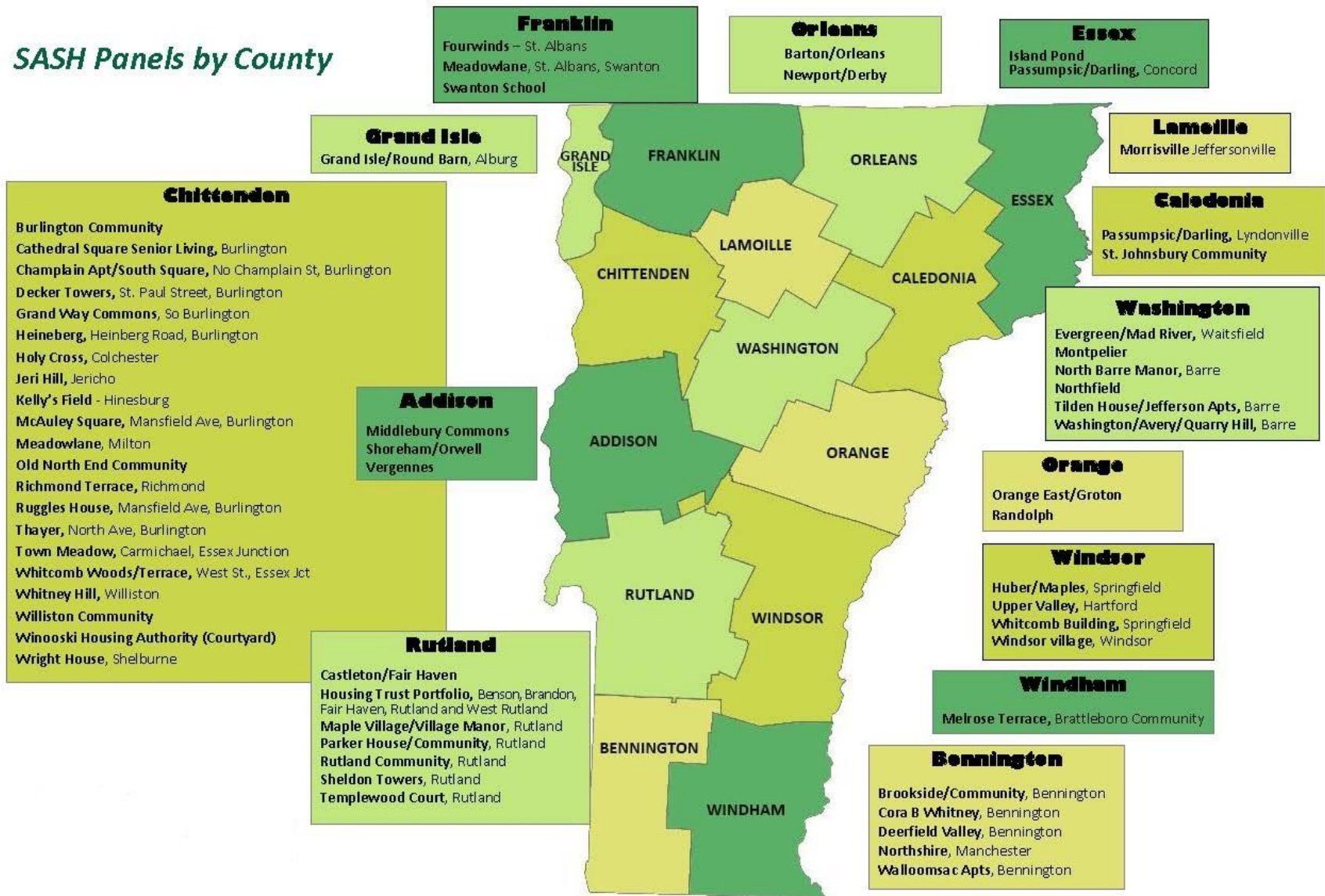
**PICTURE OF  
HOUSING AND HEALTH:  
MEDICARE AND MEDICAID USE  
AMONG OLDER ADULTS IN  
HUD-ASSISTED HOUSING**

March 2014

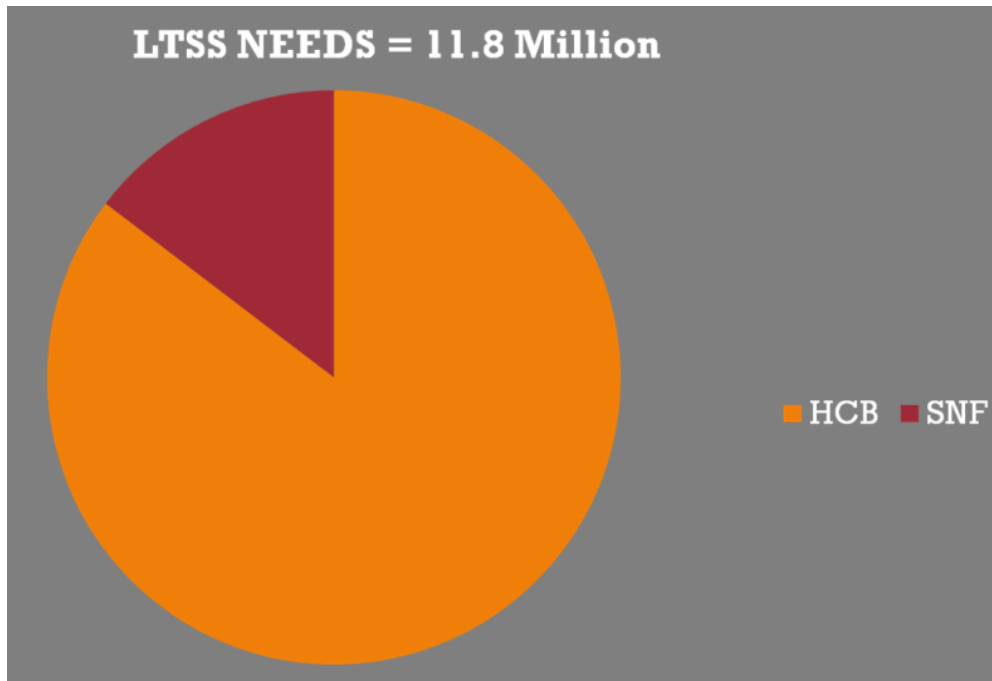
- PMPM costs for Medicaid FFS were 32% higher for HUD-assisted (HA)
- Of the HA Medicare beneficiaries, 68% were dually eligible
- 55% of HA had 5+ chronic conditions
- Medicare costs 16% for HA due to higher usage

# SASH at 118 Locations Statewide

## SASH Panels by County

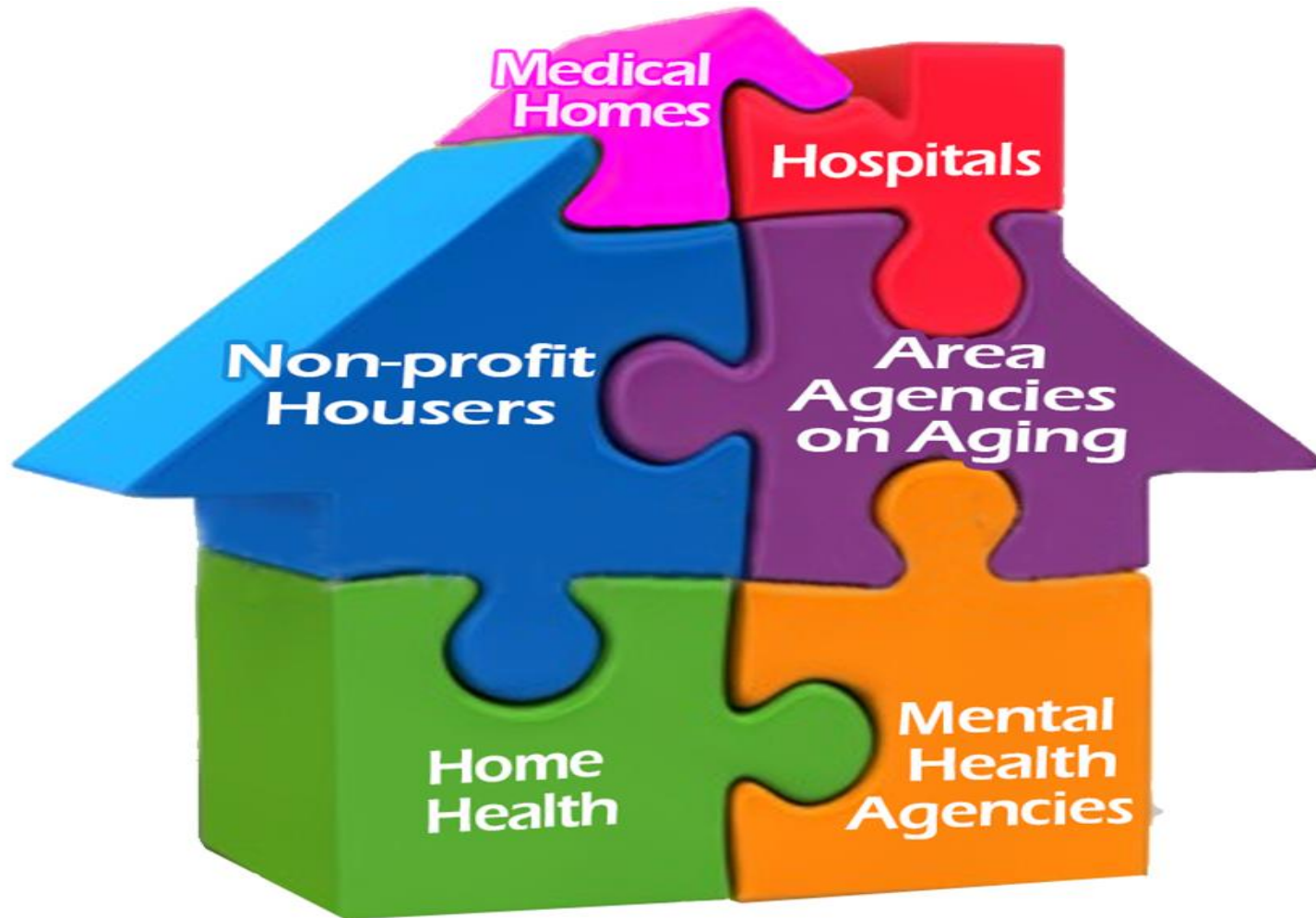


# U.S. is moving from a centralized to a decentralized LTSS delivery system



- The solution:
  - Target existing sites with high needs;
  - Build a strong infrastructure;
  - Use that platform to reach community dwellers.

# The Key to SASH Success: Partners



# Core Elements of Care Management

## CMS and NCQA

- Person Directed
- Options Counseling
- Actively involved PCP
- Uniform assessment and care plan
- Care Coordination and Care Transitions
- Technology for Shared Information



# SASH Keeps “Katie” in the Driver’s Seat

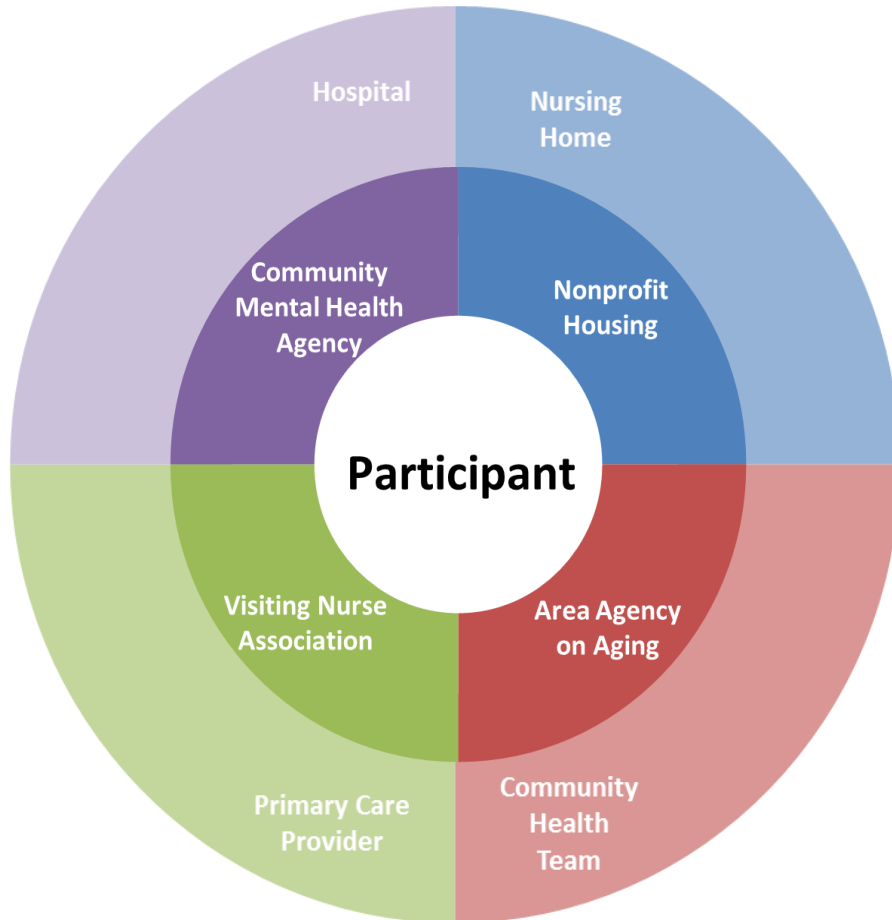


# RTI Evaluation Results

- For Vermonters receiving care from a medical home, supplemented by SASH services provided by experienced, well-established panels, the growth in annual total Medicare expenditures was ***\$1,756 - \$2,197 lower*** than the growth in expenditures among Medicare fee-for-service beneficiaries in the two comparison groups.



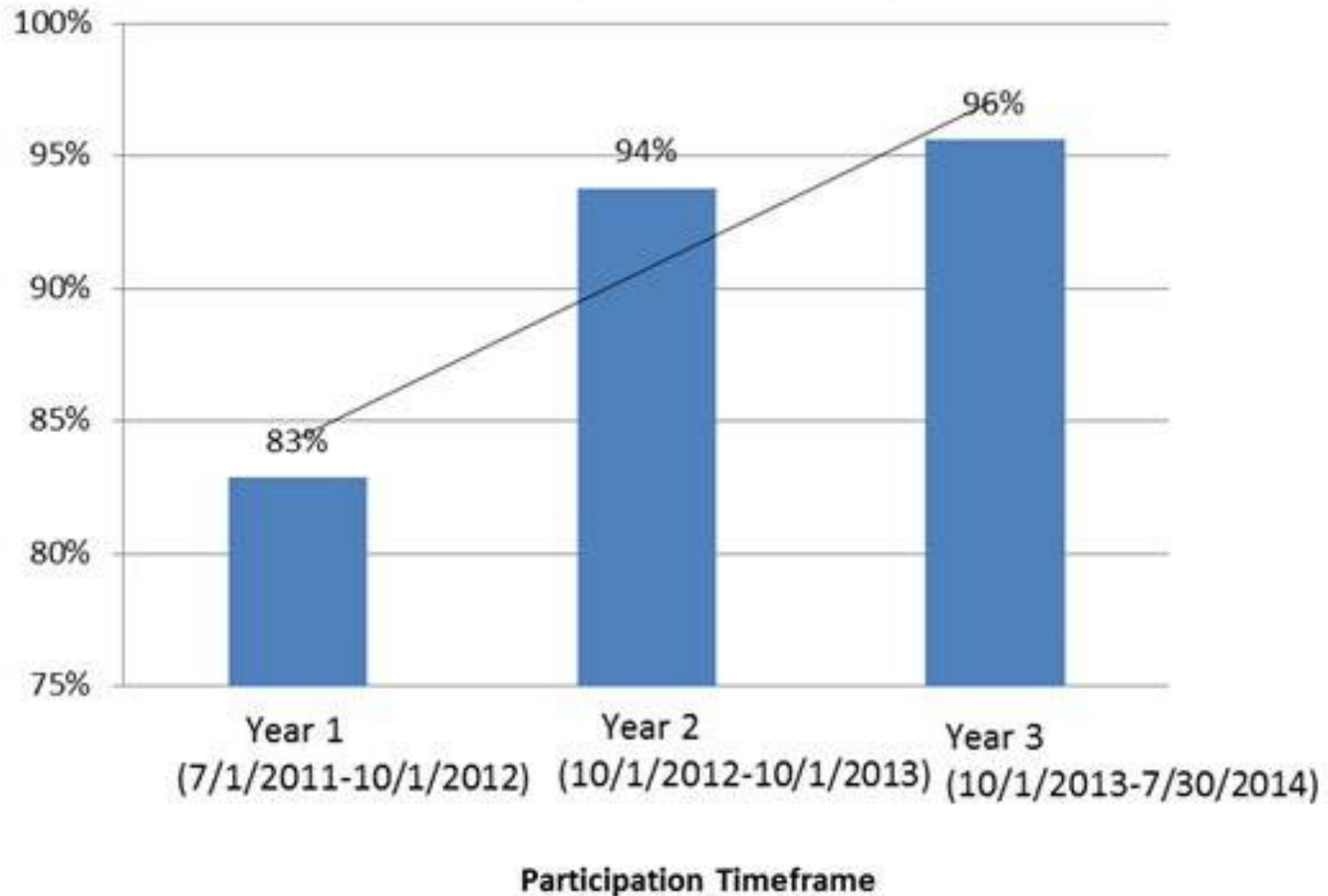
# Interprofessional Team Approach



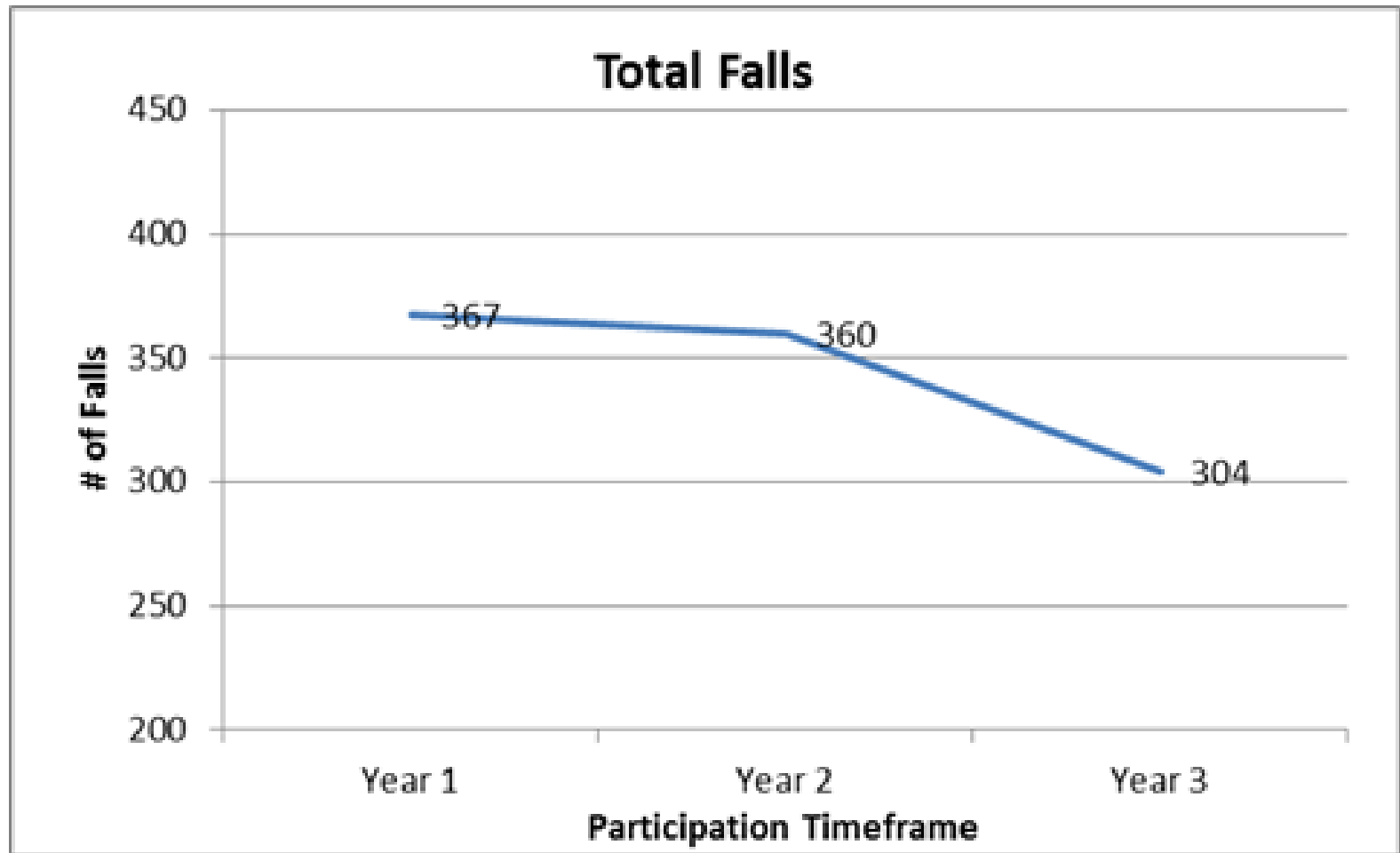
“The major SASH program implementation success has been the linkages the program has created among different community organizations.”

- Research Triangle International (RTI)

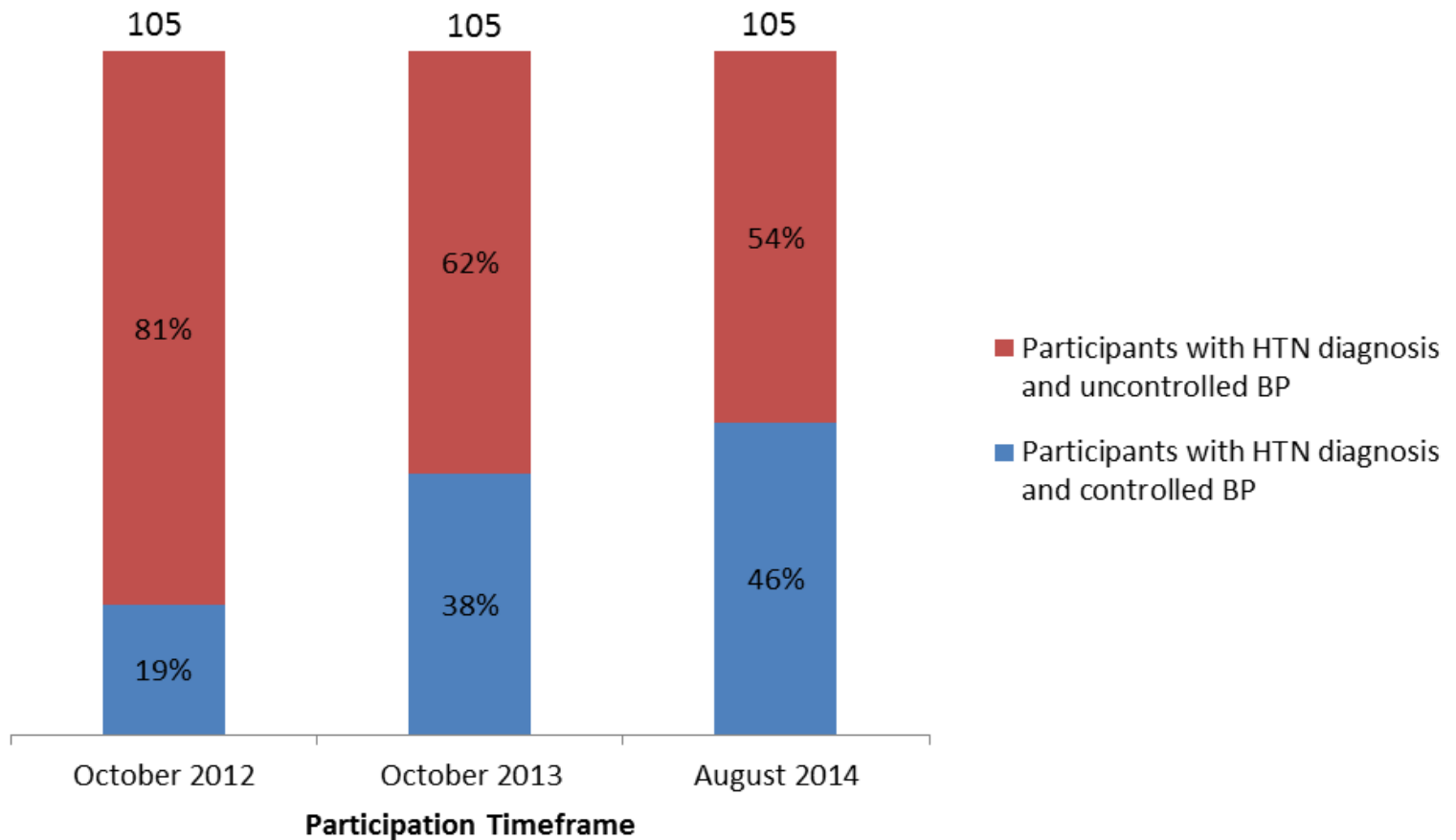
## Number of SASH Participants w/Primary Care Provider



# Reduced Falls



## Percent of SASH Participants with HTN Diagnosis and Controlled BP \*



\*National Quality Forum NQF Measure 18:Percentage of patients 18 through 85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled(<140/90 mmHg)during the measurement period

# Elevate the Need for Supportive Housing Networks

- ▶ Uses all assets
- ▶ Is replicable and scalable
- ▶ Integrates primary care, acute care, mental health, behavioral health and LTSS
- ▶ Is payer agnostic



# The Future

- Medicaid Funding
- Health Reform
- SIM All Payer Waiver
- Tele-consults
- CAPABLE Grant
- Housing Recycling Program
- VHCB Funding
- Housing is key to Vermont's economic future



# THANK YOU!

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**HEALTHY HOMES**

**CARING COMMUNITIES**

**POSITIVE AGING**